

*Welcome to Killingworth Archers*

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# Venues

Churchill Community College, Churchill Street, Wallsend, Tyne & Wear, NE28 7TN. Saturday's 10 am until 1 pm (indoor season September through April)



Percy Hedley Wooden Spoon Sports Hall, West Lane, Killingworth, NE12 7BH. Tuesday's 6:30 pm until 9:30 pm (indoor season September through April)



Longmeadows Field, within Killingworth Young Peoples Club, Garth Twentyone, Killingworth, NE12 6SE.

## Target Fees 2011/12

Indoor target fees are £2.50 for a senior and £1.50 for a junior per session. Outdoor target fees are £1.50 for a senior and 75p for a junior per session.

If you have any questions, ask an experienced archer.

# *Etiquette and good practice*

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- Remember to perform a warm up at the beginning of the session and a warm down at the end of the session.
- Be prepared to help set out and put away all of the equipment, many hands make light work.
- Either turn off your mobile or put it on silent when at archery.
- Archery is open to all from the age of 10 at this club and most times you will be in mixed company, please be aware of those around you.
- Only draw your bow on the shooting line and never point a drawn bow at anyone.
- Do not remove your arrow from the quiver to put in the bow, until you are on the shooting line.
- Don't talk on the shooting line, and if talking behind the shooting line, do so quietly and with regard for those still shooting.
- Remain on the shooting line if an archer in front or behind you is at full draw.
- Don't go forward of the shooting line, until the field captain signals it's safe to do so.
- Never leave an archer on his/her own on the shooting line.
- Never touch another archer's equipment without their permission.
- If you damage another archer's equipment, it is customary to offer to pay for the damage, but almost every time, it will be accepted as accidental and part of the game.
- If you're not shooting a round outdoors, and wish to shoot varying distances, always ask the people on the target if it's ok to join them, to avoid holding up the shooting line. You can normally put another target out if necessary.

## Scoring

- Always walk towards the targets, and always look for arrows on the ground.
- When calling scores, do so in groups of three i.e. 10-10-10 pause 10-10-10
- If the arrows are being scored, do not touch them or the target until the all the scores have been taken.
- Wait until all scores have been taken, before going behind the target to pick up arrows, or pulling arrows.
- Thank the scorer at the end of the round for scoring.

If you have any questions, ask an experienced archer.

# *Improving your ability*

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No one can know exactly how seriously you will take archery as a leisure activity. You will find that the club develops a range of abilities as some members become very enthusiastic and achieve very high standards whereas others wish only to have a 'hobby' and have no desire to compete at any level.

**Club coaches and experienced archers are always willing to give as much help and advice as you would need but will often avoid commenting in case this is taken as a criticism. If you begin to feel that you would benefit from help and none has been suggested feel free to talk to any club member who will either be able to help directly OR will suggest who you should consult. Don't be frightened to ask for help from the experienced archers.**

The club attempts to include all members by providing incentives to shoot that are achievable. The more often you shoot, however, the easier it is for the club to provide incentives that can be gained and the more proficient you become. Without practice, unfortunately, no-one becomes more proficient, so I can only advise that the more enthusiastic you are the more likely your progress will be seen.

When shooting outdoors, we recommend that you start at the shorter distances, and only move up a distance when you can get all your arrows within the blue consistently.

The club runs a Killingworth Challenge award during the indoor season, which is open to all archers who score a full Portsmouth round or Fita round on a session. The challenge is to shoot two rounds 'back to back' in two separate sessions, (i.e. Tuesday and Saturday, or Saturday and Tuesday, or if you only shoot once a week Tuesday and Tuesday, or Saturday and Saturday) with a total two round score in excess of 500, 700, 1000 or 1066. Once started the round must be completed or the challenge is forfeit and the archer must start again with a new pair of rounds. All you need to do, is score your round on a score sheet, and hand it in at the end of the session, Kath records all the scores, and generally if you have met the target for an award, it will be presented at the next session.

## *What is 'Handicap' or 'Classification'?*

Many, but not all, members of archery clubs eventually shoot enough rounds to hold an archery handicap, but what is it?

A 'handicap' is developed to predict what score an archer may be expected to score for any given round whereas a 'classification' (1st, 2nd, 3rd class, Bowman, MB) is a level of ability which an archer has been proved to achieve.

Handicaps are calculated for both outdoor rounds and (separately) indoor rounds so at any one time 'you' or any other archer could hold 'multiple' handicaps. However, to gain a handicap you must shoot three rounds (initially) for which all have had a 'table' printed. This table is called a 'score for round' table and is to be found in the 'SAP' section of the 'Rules of Shooting' available from G.N.A.S. (ArcheryGB).

If you have any questions, ask an experienced archer.

## *Competitions*

If you decide you want to get into competitions, there are many to choose from throughout the year, whether it be just club competitions, local competitions, or national ranking competitions. It's a great way to challenge yourself, meet other archers from other clubs, and enjoy yourself.

### Club

All members of the club are eligible to be entered into club competitions and anyone can take part, from absolute beginner to seasoned archers. These are generally shot on a handicap basis, and if you're not able to reach the normal distances (outdoors), say if you're a beginner, you will be able to shoot a shorter distance, we will always try to accommodate our archer's needs.

Some of the competitions we run throughout the year, are the Club Pairs, the Club Championships (Western round outdoors), Club Clout (normally in September), the George McGowan (indoors and outdoors, made up of 3 rounds each).

### Local

There are plenty of local competitions throughout the year, indoors and outdoors, and everyone is welcome to shoot, generally there are no ability requirements, and entry forms are available either from the county website [www.dnaa.co.uk](http://www.dnaa.co.uk), or we generally receive entry forms from other clubs, and these can be found either in the white wooden boxes at the indoor venues, or as you walk into the container on your right, at the field. All competitions have a fee, generally from £4 to £15 depending on the shoot and status of it.

### *Club Shirts*

Shooting at the club, you will have noticed some of our archers, wearing their club shirts, burnt orange polo shirts, with the club logo on, and Killingworth Archers across the back. These shirts are available from Ann Thomas in Whitley Bay, all you need to do, is contact her, and explain your with Killingworth Archers, they know which shirts to use, and what embroidery to put on it and where.

Ann Thomas - 134 Park View, Whitley Bay, Tyne and Wear, NE26 3QN – 0800 187 3727

The logo is also available from Logo Bear in Newcastle, which can be found in the Grainger Market, their website is <http://www.logobear.co.uk> and phone number 0191 222 1138.

If you have any questions, ask an experienced archer.

# How To Score...

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Standard Target Faces which are made in different sizes are generally of five colours: gold, red, blue, black and white.

Each coloured circle is divided by a central line, this format is used by both G.N.A.S. and F.I.T.A. Depending on the type of round being shot the colours can have different scoring values.

These are shown in the diagrams below:



This is mainly for outdoor rounds, when shooting rounds indoors, all rounds with the exception of a Worcester are 10 zone scoring, as shown on the fita diagram.

Score sheets can be found at all venues we shoot at, at indoor venues (Churchill and Percy Healdy) these are in the white boxes, along with the tuckshop, and outdoors, they are in the container, on the front of the metal cabinets, half way in.

The next 2 pages, list all the different rounds you can shoot, indoors and outdoors. Indoors you shoot 3 arrows at a time, and outdoors, depending on the round and distance, you shoot either 3 or 6 arrows at a time. The round lists, show the round, the distance and the maximum score, the numbers in the middle, show how many dozen arrows you shoot at that distance.

If you have any questions, ask an experienced archer.

### Imperial Rounds - Outdoor (5 Zone Scoring - 9,7,5,3,1)

Round Name	100 yds	80 yds	60 yds	50 yds	40 yds	30 yds	20 yds	10 yds	Max Score
York	6	4	2	-	-	-	-	-	1296
Hereford	-	6	4	2	-	-	-	-	1296
Bristol II	-	-	6	4	2	-	-	-	1296
Bristol III	-	-	-	6	4	2	-	-	1296
Bristol IV	-	-	-	-	6	4	2	-	1296
Bristol V	-	-	-	-	-	6	4	2	1296
St.George	3	3	3	-	-	-	-	-	972
Albion	-	3	3	3	-	-	-	-	972
Windsor	-	-	3	3	3	-	-	-	972
Short Windsor	-	-	-	3	3	3	-	-	972
Junior Windsor	-	-	-	-	3	3	3	-	972
Short Junior Windsor	-	-	-	-	-	3	3	3	972
New Western	4	4	-	-	-	-	-	-	864
Long Western	-	4	4	-	-	-	-	-	864
Western	-	-	4	4	-	-	-	-	864
Short Western	-	-	-	4	4	-	-	-	864
Junior Western	-	-	-	-	4	4	-	-	864
Short Junior Western	-	-	-	-	-	4	4	-	864
American	-	-	2.5	2.5	2.5	-	-	-	810
St.Nicholas	-	-	-	-	4	3	-	-	756
New National	4	2	-	-	-	-	-	-	648
Long National	-	4	2	-	-	-	-	-	648
National	-	-	4	2	-	-	-	-	648
Short National	-	-	-	4	2	-	-	-	648
Junior National	-	-	-	-	4	2	-	-	648
Short Junior National	-	-	-	-	-	4	2	-	648
New Warwick	2	2	-	-	-	-	-	-	432
Long Warwick	-	2	2	-	-	-	-	-	432
Warwick	-	-	2	2	-	-	-	-	432
Short Warwick	-	-	-	2	2	-	-	-	432
Junior Warwick	-	-	-	-	2	2	-	-	432
Short Junior Warwick	-	-	-	-	-	2	2	-	432

### Imperial Rounds - Indoor (10 Zone Scoring - 10,9,8,7,6,5,4,3,2,1)

Round Name	Distance	Face Size	Dozens	Max Score
Portsmouth	20 yds	60 cm	5	600
Bray 1	20 yds	40 cm	2.5	300
Bray 11	25 yds	60 cm	2.5	300
Round Name	Distance	Face Size	Dozens	Max Score
Worcester	20 yds	16" (5,4,3,2,1 scoring)	5	300

If you have any questions, ask an experienced archer.

### Metric Rounds - Outdoor (10 Zone Scoring - 10,9,8,7,6,5,4,3,2,1)

Round Name	122 cm Target Face							80 cm Target Face					Max Score	
	90 mtr	70 mtr	60 mtr	50 mtr	40 mtr	30 mtr	20 mtr	50 mtr	40 mtr	30 mtr	20 mtr	15 mtr		10 mtr
FITA (Gents)	3	3	-	-	-	-	-	3	-	3	-	-	-	1440
FITA (Ladies)	-	3	3	-	-	-	-	3	-	3	-	-	-	1440
Metric II	-	-	3	3	-	-	-	-	3	3	-	-	-	1440
Metric III	-	-	-	3	3	-	-	-	-	3	3	-	-	1440
Metric IV	-	-	-	-	3	3	-	-	-	-	3	-	3	1440
Metric V	-	-	-	-	-	3	3	-	-	-	-	3	3	1440
FITA 900	-	-	2.5	2.5	2.5	-	-	-	-	-	-	-	-	900
FITA 70m	-	6	-	-	-	-	-	-	-	-	-	-	-	720
FITA 60m	-	-	6	-	-	-	-	-	-	-	-	-	-	720
Half FITA (Gents)	1.5	1.5	-	-	-	-	-	1.5	-	1.5	-	-	-	720
Half FITA (Ladies)	-	1.5	1.5	-	-	-	-	1.5	-	1.5	-	-	-	720
Half Metric II	-	-	1.5	1.5	-	-	-	-	1.5	1.5	-	-	-	720
Half Metric III	-	-	-	1.5	1.5	-	-	-	-	1.5	1.5	-	-	720
Half Metric IV	-	-	-	-	1.5	1.5	-	-	-	-	1.5	-	1.5	720
Half Metric V	-	-	-	-	-	1.5	1.5	-	-	-	-	1.5	1.5	720
Long Metric (Gents)	3	3	-	-	-	-	-	-	-	-	-	-	-	720
Long Metric (Ladies)	-	3	3	-	-	-	-	-	-	-	-	-	-	720
Long Metric II	-	-	3	3	-	-	-	-	-	-	-	-	-	720
Long Metric III	-	-	-	3	3	-	-	-	-	-	-	-	-	720
Long Metric IV	-	-	-	-	3	3	-	-	-	-	-	-	-	720
Long Metric V	-	-	-	-	-	3	3	-	-	-	-	-	-	720
Short Metric I	-	-	-	-	-	-	-	3	-	3	-	-	-	720
Short Metric II	-	-	-	-	-	-	-	-	3	3	-	-	-	720
Short Metric III	-	-	-	-	-	-	-	-	-	3	3	-	-	720
Short Metric IV	-	-	-	-	-	-	-	-	-	-	3	-	3	720
Short Metric V	-	-	-	-	-	-	-	-	-	-	-	3	3	720
FITA Standard Bow	-	-	-	3	-	3	-	-	-	-	-	-	-	720

### Metric Rounds - Indoor (10 Zone Scoring - 10,9,8,7,6,5,4,3,2,1)

Round Name	Distance	Face Size	Dozens	Max Score
FITA 18	18 mtr	40 cm	5	600
FITA 25	25 mtr	60 cm	5	600
Combined Fita	18 & 25 mtr	40 & 60 cm	10	1200
Stafford	30 mtr	80 cm	6	720

### Metric Rounds - Indoor Special

Round Name	Distance	Face Size	Dozens	Max Score
Vegas	18 mtr	3 spot triangle	5	600

If you have any questions, ask an experienced archer.

# Equipment

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We have been asked what equipment people should purchase after their beginners course and hiring of the club equipment, but, this is a question only you can answer, by trying different equipment, and seeing what feels right for yourself. There are however, certain things you will need, apart from the basics of a riser, limbs and string for a recurve.

Arrows come in three main varieties, aluminium, carbon/aluminium and all carbon. The last is not generally recommended, as if you lose an arrow outdoors, a metal detector can't pick it up, and as such, most clubs ban their use. Aluminium arrows are generally recommended for indoors and beginners arrows, as they are relatively inexpensive, can take a fair amount of abuse, and can be straightened. Aluminium/Carbon arrows are more expensive, but lighter and thinner, which helps with distance, making them a great choice for outdoors.

Many archery shops offer introductory packages, which generally contain a riser, set of limbs, string, arrow rest, arrows, sight, button, armguard and finger tab, a bow stringer, case and quiver. In addition to this, it is worth having some spares. These would include, fletching glue for reattaching any fletches that come loose, and spare fletches to replace any that come off, and a fletching jig to mount them properly. Spare nocks in case of another arrow damaging your nock are always handy to have too.

A word of warning, is to avoid ebay, some archers will say they have a good experience buying from there, other's will not have had good experiences, however, when getting your first bow, go to a shop, try the equipment, and make a good, informed decision on what you want.

## *Useful links and Resources*

Killingworth Archers Website - [www.killingwortharchers.co.uk](http://www.killingwortharchers.co.uk)

Durham and Northumberland Archery Association Website (this is our county website) - [www.dnaa.co.uk](http://www.dnaa.co.uk)

Archery GB Website - [www.archerygb.org](http://www.archerygb.org)

Northern Counties Website - <http://www.ncas.co.uk/>

## *Archery shops*

Aardvark Archery - <http://aardvarkarchery.co.uk/>  
Merlin Archery Centre - <http://www.merlinarcherycentre.co.uk/>  
Custom Built Archery - <http://shop.strato.com/epages/62059681.sf>  
Quicks Archery - <http://www.quicksarchery.co.uk>  
Bow Sports - <http://www.bowsports.com/>  
Archery World - <http://www.archeryworld.co.uk/>

If you have any questions, ask an experienced archer.